

Real-Time Exemption Checking (RTEC)



RTEC will save you time, by **simplifying your claiming process** and removing some of the administrative burden of requesting patient exemptions.

RTEC will not provide the specific exemption status to the pharmacy, a check will only provide either '**unknown**' or '**exempt**'.



In the past you may have used the patient's declaration to inform you if the patient was pregnant or breastfeeding. While this has not been a guaranteed source of information, it may have assisted in clinical decision making relating to the advice and supply of medication to this group of patients.

Patients should be encouraged to notify any healthcare professional involved in their care if they are pregnant or breastfeeding. The pharmacy team should also consider highlighting this message with appropriate signage and advice to women of childbearing age.



Sources of medicines advice relating to pregnancy & breastfeeding:

- **[BNF prescribing in pregnancy](#)**
- **[Guidance on valproate use by women and girls](#)**
- **[UK teratology information service](#)**
- For licenced medicines, the SmPC will also provide manufacturer data under section **[4.6 Fertility, pregnancy and lactation](#)**

Pregnant or breastfeeding?



Please inform the pharmacist so we can check your medicine is suitable for you.

Some medicines should not be used during pregnancy or while breastfeeding as the medicine can be passed on to the unborn baby or child.



Your pharmacist can advise you and sort out any concerns with the prescriber.